

LENTEN SOUL-TENDING

AT FIRST PRESBYTERIAN CHURCH



Thursday, February 22—Noon

Easy Yoga & Meditation

Guides: Sandra Burkes/Joanna Brumfield

Light Lunch afterwards in Fellowship Hall

Thursday, March 1—Noon

Meditative Walk & Labyrinth

Guides: Judy Heard/Shields Brown

Light Lunch afterwards in Fellowship Hall

Thursday, March 8—Noon

Meditative Art & Prayer

Guides: Brenda Hicks/Sandy Lane, Sarah Freeman

Light Lunch afterwards in Fellowship Hall

Thursday, March 15—Noon

Prayer Shawl ministry & Prayers

Guides: Prayer Shawl Group/Donna Ball

Light Lunch afterwards in Stratton Chapel

Thursday, March 22—Noon

Meditative Music & Scripture

Guide: Sharon Rouse

Light Lunch afterwards in Stratton Chapel

At noon on each Thursday of Lent, First Presbyterian Church invites you to join us for a soul-tending activity with a light lunch afterwards. This is free and open to everyone, though donations are accepted. *All are welcome!*



FIRST PRESBYTERIAN CHURCH

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Following Christ. Serving Everyone.